KunmiteFx

KUNMITEFX FREE RESOURCE

FOREX TRADING PLAN TEMPLATE

Turn your strategy into written rules for entries, risk, exits, psychology, and review.

Education only - not financial or investment advice

Forex Trading Plan Template

Define the rules before the market puts you under pressure.

How to use this workbook

Complete the sections in writing. Keep the rules specific enough that another person could tell whether you followed them. Review the plan after a meaningful sample of trades rather than rewriting it after every loss.

My trading objective

What am I trying to achieve with this trading plan?

What would make this plan successful over the next 3-6 months?

My boundaries

Capital allocated to trading:

Maximum risk per trade:

Maximum total open risk:

Maximum daily/weekly loss before I stop:

Risk notice: Forex and CFD trading involve significant risk. These worksheets and examples are for educational purposes only. They do not guarantee profitability and are not individualized financial advice. Consider your circumstances, experience, and tolerance for loss before trading.

Markets, Sessions and Setup

Be explicit about what you trade and what you ignore.

Markets / currency pairs I trade:

Trading sessions / hours:

Timeframes used for analysis:

Timeframes used for execution:

My primary setup

Setup name:

Market conditions required:

Entry criteria - every condition that must be present:

Conditions that invalidate the setup:

Risk and Trade Management Rules

These rules should be decided before the trade is live.

Where should the stop loss be placed and why?

How will I calculate position size?

Minimum acceptable risk-to-reward, if applicable:

How will profit targets be selected?

When, if ever, can a stop be moved?

Rules for partial exits / trailing stops:

Hard risk rules

- [ ] I will know the monetary risk before entering.
- [ ] I will not widen a stop just to avoid taking a planned loss.
- [ ] I will not increase risk to recover previous losses.
- [ ] I will check total open risk before adding another trade.

Psychology and Behaviour Rules

Plan for the moments when discipline is hardest.

My most common emotional mistake:

How I will recognize FOMO:

What I will do after a losing trade:

What I will do after a winning streak:

My rule for stopping after emotional or impulsive trading:

Before I enter

- [ ] This trade matches my setup.
- [ ] I know where the trade is invalid.
- [ ] I calculated position size.
- [ ] I know the maximum planned loss.
- [ ] I am not entering to recover a previous loss.
- [ ] I am not chasing price because of FOMO.

My Complete Trading Plan - One Page

Markets:

Trading hours:

Primary setup:

Entry rules:

Stop-loss rule:

Risk per trade:

Position-sizing rule:

Profit-target / exit rule:

Maximum total open risk:

Daily/weekly stop rule:

My biggest psychological rule:

Signature: _____ Date: _____

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